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**Request/Authorization to Release Confidential Records and Information**

**Source of Information**

Person or Facility \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_  
\_\_\_\_\_

A. Identifying information about me/the patient

Name \_\_\_\_\_  
DOB \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_  
Parent/Guardian (If applicable) \_\_\_\_\_  
Address and phone of parent/guardian (if different than above)  
\_\_\_\_\_  
\_\_\_\_\_

B. I hereby authorize the source named above to send, as promptly as possible, the records listed below marked by an X. The items not to be released have a line drawn through them. Page numbers are indicated where appropriate.

- \_\_\_ Start of outpatient treatment: \_\_\_\_\_ End of treatment: \_\_\_\_\_
- \_\_\_ Psychological evaluation (s) or testing records, and behavioral observations or checklists completed by any staff member or by the patient.
- \_\_\_ Psychiatric evaluations, reports, or treatment notes and summaries.
- \_\_\_ Treatment plans, recovery plans, aftercare plans.
- \_\_\_ Admission and discharge summaries.
- \_\_\_ Social histories, assessments with diagnoses, prognoses, recommendations and all similar documents.
- \_\_\_ A letter containing dates of treatment (s) and a summary of progress.
- \_\_\_ Other: \_\_\_\_\_

- C. I authorize the source named above to speak by telephone with the therapist identified in part K about the reasons for my/the patient’s referral, any relevant history or diagnoses, and other similar information that can assist with my/the patient’s treatment or being evaluated or referred elsewhere.
- D. I understand that no services will be denied me/the patient solely because I refuse to consent to this release of information, and that I am not in any way obligated to release these records. I do release them because I believe they are necessary to assist in the development of the best possible treatment plan for me/the patient. The information disclosed may be used in connection with my/the patient’s treatment.
- E. This request/authorization to release confidential information is being made in compliance with the terms of the Privacy Act of 1974 (PL 93-579) and the Freedom of Information Act of 1974 (PL 93-502); and pursuant to the Federal Rule of Evidence 1158 (Inspection and Copying of Records upon Patient’s Written Authorization). This form is to serve as both a general authorization and a special authorization to release information under the

